

The background features several stylized coronavirus particles in shades of red and white. These particles are spherical with a central core and several protruding spike-like structures. They are scattered across the red background, with some appearing larger and more detailed than others.

What is **CORONAVIRUS?**



Children's National.



Germs are tiny dots that are so small we can't see them. Some germs can make us sick for a little while.

One new kind of germ is called coronavirus, or COVID-19. Most people only get a little bit sick with a fever and cough with coronavirus. Then they get better.

1

FEVER



COUGH

2



3

TIREDNESS



WET

1



SOAP

2



3



WASH

5



DRY

4



RINSE

To keep myself healthy, I will wash my hands. People may ask me to wash my hands more than usual.

I will wash my hands after I cough
or sneeze, after I blow my nose,
after I use the bathroom, and
before I eat.



WASH YOUR HANDS



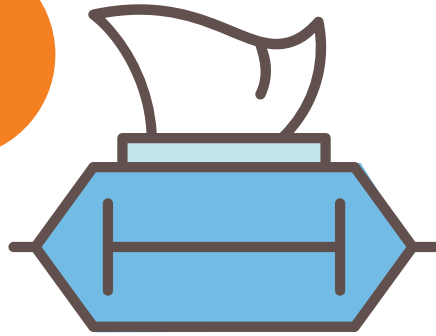
HAND SANITIZER

If I can't wash
my hands,
I will use hand
gel instead.

Germs live in
coughs and
sneezes. I will
cover my mouth
with my elbow
when I cough or
sneeze.



1



USE TISSUE

2



3

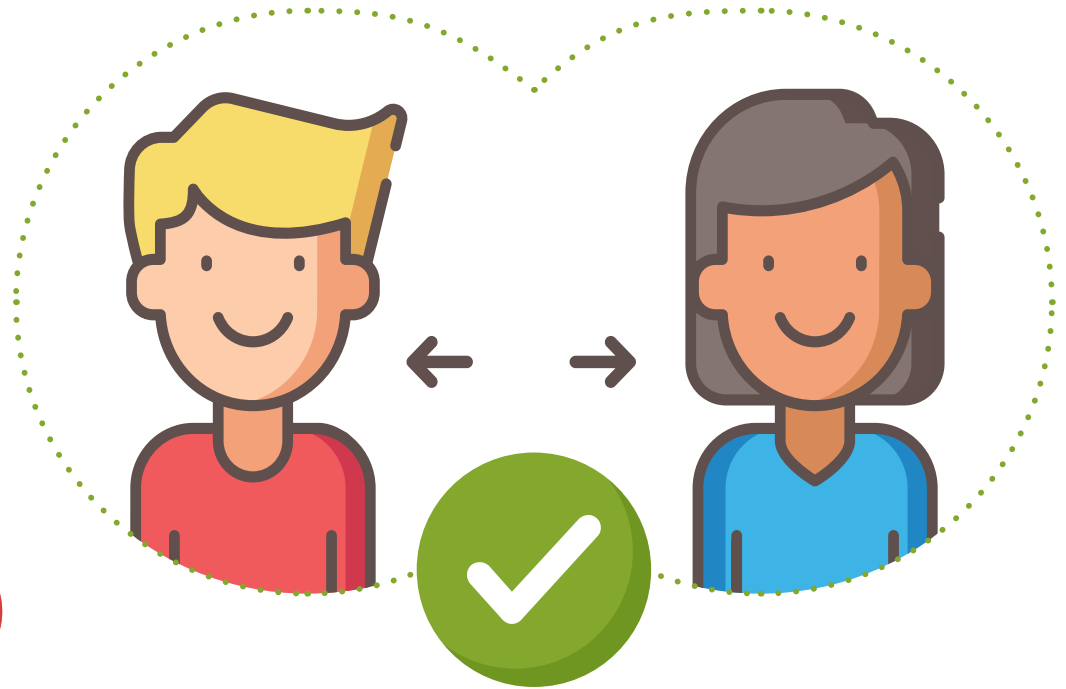


I will use a tissue
if I need to pick or
blow my nose.
Then I will throw
away the tissue and
wash my hands.



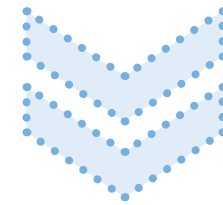
**NO
HUGS**

**NO
HIGH
FIVES**



I will try not to touch people outside my family as much as usual. I can wave, instead of giving hugs or high fives.

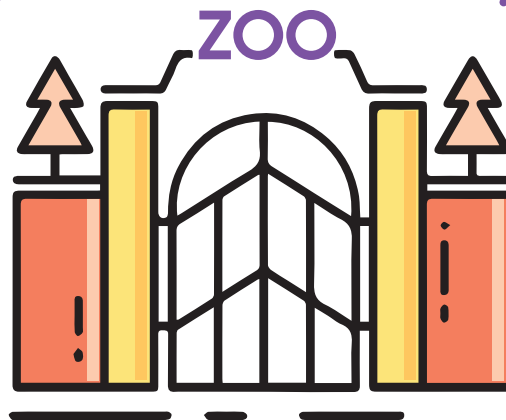
My school may close to keep everyone healthy. While I am home I will do my school work or other activities. Then my school will reopen.



STUDY AT HOME



MUSEUM



ZOO



LIBRARY

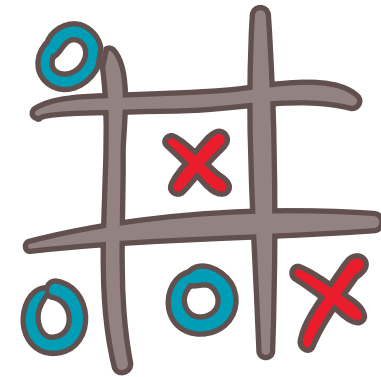
Other places I like to go when school is closed may also be closed to keep everyone healthy.

I can play outside or go for a walk
in my neighborhood. I can have
fun at home. When it is safe, I will
go back to school.



MAKE ART

READ



PLAY GAMES



If I am sick with coronavirus, my family will take care of me. I may go to the doctor. Then I will get better. If someone in my family gets sick, they will see a doctor. I may not see them while they get better.



It is ok if I feel scared,
sad, or angry. I will talk to
a grown-up about my feelings.
They will help me feel better.

There are many grown-ups who are working hard to keep everyone safe and healthy.

SOCIAL WORKER



POLICE-MAN



FIRE-FIGHTER

DOCTOR



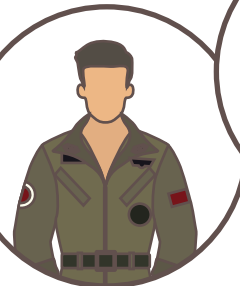
CONSTRUCTION WORKER



NEWS REPORTER



ENGINEER



MILITARY



NURSE



TEACHER

I am safe.
I have many people
who love me and
will take care
of me.



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