Cup of Caring

Are you struggling to understand the resources available to you or your child with intellectual and developmental disabilities?

Join us virtually and learn how The Arc can help!

Virtual Session Schedule

The first Tuesday of every month

September 1
Discuss back to school strategies to help your child be successful in a virtual world.

October 6
It's never too early to talk about your child's career. Join our guest speaker, Laura Degler, Assistant Director of Workforce Development, to talk about preparing for the workforce.

November 3
Do you need help planning for the future? Bring your questions for our guest speaker, Kendall Concini, Manager of Admissions, Information & Referrals.

December 1
Discuss strategies for a sensory friendly holiday season.

January 5
How do you advocate for your child in a virtual world?

February 2
Bring your questions for The Arc's Family Fund. Join our guest speaker, Catie Comer, Director of Development & Communications to talk about the application process.

March 2
Bring us your questions. What do you need? How can we help?

April 6
How do you prepare for your child's financial future? Join our special guest, David Rosenthal, Rosenthal & Associates, to discuss the steps you can take to set your child up for success.

May 4
It's never too early to think about services. Bring your questions for our guest speaker, Kendall Concini, Manager of Admissions, Information & Referrals.

Who We Are

Since 1961, The Arc Central Chesapeake Region has been at the forefront of providing innovative support, solutions, and advocacy for people with intellectual and developmental disabilities. Today, The Arc Central Chesapeake Region supports over 1,700 people throughout the arc of their life and employs over 350 staff.

Our Region

The Arc Central Chesapeake Region is proud to support people with intellectual and developmental disabilities and their families in Anne Arundel County and on Maryland's Eastern Shore.

Questions? I can help

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The Arc
Central Chesapeake Region

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